

Midwest College
of Acupuncture and
Herbal Medicine



Catalog 2026 -2029

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History of the Midwest College of Acupuncture and Herbal Medicine

The Midwest College was founded in 1979, making it one of the oldest schools of Acupuncture and Herbal Medicine in America. Since then, faculty and student interns have contributed to community service at Cook County Hospital, for the Pontifical Order of the Sisters of St. Francis of Assisi in Milwaukee, and at the Chicago AIDS Alternative Health Project.

Graduates of our programs work in hospitals, medical groups, and in private practice. They are on the faculty of other schools, the boards of professional associations, state and national agencies, and are on the staff of hospitals across the country.

Since 1986, college administrators and faculty have participated in local and national organizations, including the Council of Colleges of Acupuncture and Herbal Medicine. The College has been accredited since 1987.

The Midwest College has conducted foreign internship trips to China for over twenty years. Students have gained clinical experience at Chinese medical hospitals all over China, including Beijing, Chengdu, Shenzhen, Nanjing, and Guangzhou. In 1996, the Midwest College became formally affiliated with the Guangzhou University of Chinese Medicine.

The College continues to collaborate with leaders of Traditional Chinese Medicine (TCM) education to assure that our programs follow the true principles of TCM theory, while keeping up to date with the current clinical practice of Chinese Medicine. The College's goal is to retain the traditional principles and attitudes from times past, that still draws patients to this medicine today; a medicine that values the spirit and heart as it heals the body.

The background of the page is a vibrant, traditional Chinese textile pattern. It features a mix of floral motifs, including peonies and chrysanthemums, and stylized wave patterns. Large, bold Chinese calligraphy characters are integrated into the design, with two prominent vertical columns on the left and right sides. The overall aesthetic is rich and culturally authentic.

Mission

It is the Midwest College's mission to provide an education that is rooted in the historical context and teachings of traditional Chinese Medicine and combine it with modern clinical applications to create a practitioner of Acupuncture or Herbal Medicine that embraces the spirit of "ancient medicine for modern times".

Purpose

The combination of Eastern and Western science, together with an appreciation of the natural healing philosophies of Asia, leads to the development of the qualities that are the "Heart of Chinese Medicine". With this foundation, graduates will become true practitioners of East Asian healing. The subtle balance of clinical science and compassion is the key to a successful practice.

The Acupuncture Program is modeled on the modern eight-principle style, currently taught at TCM Universities in China. Combined with the biomedicine courses, it prepares graduates to practice "Classic Chinese Medicine" using acupuncture, moxibustion, and other accessory modalities. The curriculum in the Acupuncture and Herbal Medicine program includes a distinctive course of study in areas of food and herb therapy that are fundamental to traditional Chinese Medicine. Baccalaureate study in nutrition within the Acupuncture and Herbal Medicine program leads to a simultaneously granted Bachelor of Science degree in Nutrition and a Master of Science degree in Acupuncture and Herbal Medicine.

To meet the needs of students, the Midwest College affirms its commitment to educate broadly informed, ethically responsible, and scientifically competent professionals. To meet the needs of a community that is increasingly aware of the importance of nutrition and herb therapy, the Acupuncture and Herbal Medicine program combines TCM theory with principles of nutrition.

Students from across the U.S. and several foreign countries have entered our programs. The average age of students is 36 years old, and students have a wide range of educational backgrounds and work experience. The Midwest College seeks a diverse student population and encourages anyone interested in Acupuncture and Herbal Medicine, with the appropriate prerequisites, to consider a career in Traditional Chinese Medicine.

After completing their program, graduates have the full range of knowledge, competencies, and skills necessary to begin a successful practice and meet the healthcare demands of the 21st century. These demands will result in new advances in TCM and new ways that traditional medicine can be used to meet today's healthcare problems.

Our Vision of Chinese Medicine

Diagnosis in Chinese Medicine has always consisted of two levels of differentiation: a disease differentiation (bian bing) and a syndrome differentiation (bian zheng). In modern times, there has been a shift away from the energetic model of syndrome differentiation to an emphasis on biomedical disease-based treatment.

The ancient practice of Chinese Medicine has seven different methods of syndrome differentiation, plus an eighth for acupuncture only. In order to support our mission of combining historical and modern models of health and disease, the Midwest College includes all eight models of syndrome differentiation in our curriculum.

1. Differentiation according to cause / seven emotions / six evils / diet (san yin bian zheng)
2. Differentiation by Eight Principles (ba gang bian zheng)
3. Differentiation according to the Zang Fu (zang fu bian zheng)
4. Differentiation according to Six Channels (liu jing bian zheng)
5. Differentiation by Qi & Blood / Wen Bing (wei qi ying xue bian zheng)
6. Differentiation by Qi, Blood & Fluids (qi xue jinye bian zheng)
7. Differentiation according to the San Jiao (san jiao bian zheng)
8. Differentiation by Channels & Collaterals / acupuncture (jing luo bian zheng)

The Midwest College maintains the historical context of traditional medicine by not discarding the full range of energetic syndromes in favor of an unbalanced focus on the modern biomedical disease name. The old saying "Same disease different treatment" shows why this multifaceted approach is so important.

In Traditional Chinese Medicine, this multifaceted approach has always supported the highest level of care. The goal is to have the patient become so internally strong and adaptive to stress that they are capable of preventing many health problems before they occur, or resolving them at the earliest onset. Resilience is a significant aspect of vibrant health that can be promoted through the use of traditional Chinese Medicine, modern nutraceutical supplements, and lifestyle counseling.

The sages of Chinese philosophy pointed out that human life must ultimately follow the flow of the Tao, our journey from birth to death.

Students at the Midwest College provide comprehensive TCM care across the stages of life. They treat the presenting complaint while adjusting the underlying energetic flow to build health and improve the quality of life.



Location and Resources

Racine Campus

The Midwest College's Racine campus and administrative offices are located in southeastern Wisconsin, between Milwaukee and Chicago, offering a combination of city and country lifestyle. Students relocating from other parts of the country will find that in southeastern Wisconsin the cost of living is affordable. If you are looking for a peaceful place in which to pursue your studies, please come and visit.

Skokie Campus

The campus in Skokie is located seven miles north of Chicago. Take the Skokie Swift line "El" train and exit at Dempster St. Students who choose to relocate to Skokie will find the cost of living reasonable for a city with such a large number of cultural and entertainment venues.

Visit www.acupuncture.edu for on-line links to local tourist and cultural sites.

Accreditation and State Licensing

Midwest College of Acupuncture and Herbal Medicine and its following programs are accredited by the Accreditation Commission for Acupuncture and Herbal Medicine (ACAHM):

Master of Acupuncture with a Chinese herbal medicine specialization

The program listed above may offer courses via distance education.

ACAHM does not accredit any programs at the undergraduate/bachelor level.

Accreditation status and notes may be viewed on the ACAHM Directory.

ACAHM is recognized by the United States Department of Education as the specialized accreditation agency

for institutions/programs preparing acupuncture practitioners. ACAHM is located at 500 Lake Street, Suite 204, Excelsior, Minnesota 55331; phone 952/212-2434; <https://acahm.org>

The school is approved by the State of Wisconsin Educational Approval Program

4822 Madison Yards Way Madison, WI 53705

Phone: (608) 266-2112

and the State of Illinois Board of Higher Education.

1 North Old State Capitol Plaza, Suite 333 Springfield, Illinois 62701-1377

Phone: (217) 782-2551

Documentation and information relating to the accreditation, approval, and licensing of the school or its programs is available in Racine during business hours, or call 800.593.2320.

Students should check the scope of practice of any state they may want to license in when choosing the Acupuncture or Acupuncture and Herbal Medicine Program.

Wisconsin Department of Regulation and Licensing

1400 East Washington Ave. #112, Madison, WI 62786 608.266.2112

Illinois Department of Financial and Professional Regulation

320 West Washington 3rd floor, Springfield, IL 62701 217.785.0800



The Acupuncture and Herbal Medicine Programs

The College's programs combine rigorous academic course work with broad clinical experiences, leading to either a Master's level Acupuncture certificate or a Master of Science degree in Acupuncture and Herbal Medicine combined with a Bachelor of Science degree in Nutrition. Education focuses on the "Zang Fu" system of physiology, pathology, diagnosis and treatment strategy. This is the style taught today at Universities of Chinese Medicine and practiced in their affiliated teaching hospitals. In addition to acupuncture, students in the Acupuncture and Herbal Medicine program study traditional herbs and formulas, as well as nutrition and Chinese food therapy. They are introduced to new clinical protocols, based firmly upon the principles of TCM, that combine nutraceutical supplements with herbal formulas. Students also learn which foods to recommend and which to avoid based upon the TCM pattern and presenting complaint.

Minimum completion time for the Acupuncture program is 30 months (3.5 academic years) and the Acupuncture and Herbal Medicine program is 36 months (4 academic years). To complete in the minimum time frame, students must attend classes on Saturday and a minimum of two evenings per week. The maximum time to complete the Acupuncture program is 60 months and the Acupuncture and Herbal Medicine program is 72 months. Students meet with an advisor if their rate of completion falls below these standards.

The Midwest College's student clinics provide a variety of unique clinical settings where interns experience the approach of many different practitioners. Interns at the Midwest College treat a wide range of medical conditions and gain thorough, hands-on experience in acupuncture and the other physical modalities of Chinese medical healing, such as Tui Na massage, moxibustion, and cupping. Internship is designed to build knowledge and skills and to fine-tune patient/healer sensitivities. After completing the program, graduates will be confident in their ability as a Chinese Medical Practitioner to address the full spectrum of conditions seen in practice.

The total hours in the Acupuncture program are 2,148 (166.20 credits), and the total hours in the Acupuncture and Herbal Medicine program are 2,898 (228.30 credits). Additional internship hours, needed for licensure in some states, may be gained by enrolling in extra clinic sessions.

Graduates of the Midwest College's Acupuncture program receive Master's level certification. They are qualified to sit for the examinations for Acupuncture certification given by the National Certification Board of Acupuncture and Herbal Medicine (NCBAHM) and meet the requirements for a license in Illinois, Wisconsin and many other states.

Upon completion of the Acupuncture and Herbal Medicine Program, graduates earn a Bachelor of Science degree in Nutrition granted simultaneously with the Master of Science degree in Acupuncture and Herbal Medicine. Graduates are qualified to sit for the examinations for the Acupuncture and Herbal Medicine certification given by the NCBAHM, and meet the requirements for a license in Illinois, Wisconsin, and many other states.

Nutrition and its Importance in the Field of Chinese Medicine

Education at the Midwest College includes a focus on traditional Chinese Nutrition Therapy. There are two aspects to a Chinese Medicine nutritional consultation; the first concerns healthy eating according to a patient's constitutional type, the second is recommendation of foods and recipes for specific disorders. These concepts are taught throughout the program.

The Midwest College's contemporary clinical approach to Chinese nutrition therapy includes updated "energetic" recipes based upon classic medicinal cooking with herbs. These traditional recipes have been selected to be pleasing to the palate so that they will be enjoyed by most patients. It is not surprising that prospective students of Acupuncture and Herbal Medicine are looking for a program where they can gain the skills and knowledge needed to integrate the best known branches of TCM with healing foods and recipes in their future professional practice.

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Program Learning Outcomes

Problem Solving and Critical Thinking

Shall apply problem solving and critical thinking skills to clinical problems in Chinese Medicine. Shall draw upon knowledge of TCM theory and therapeutics combined with an understanding of the biosciences in order to solve clinical problems.

Clinical Skills

Shall obtain appropriate histories and perform skillful, comprehensive and accurate examinations. Shall develop appropriate differential diagnoses and patient care plans. Shall use TCM differential diagnosis in making patient care decisions, and apply appropriate modalities in providing patient care. Shall document and present this patient care information in a clear, concise, and complete manner.

Delivery of Therapeutic Technique

Shall be proficient in applying the non-invasive and invasive techniques of acupuncture therapy. Shall demonstrate the psychomotor skills necessary to achieve therapeutic goals.

Use of Information

Shall be proficient in the identification, acquisition, critical assessment and synthesis of information from literature and clinical research to keep abreast of advances in the field. Shall be familiar with and use information technology to gather this information.

Communication and Professional Behavior

Shall demonstrate reliability and effective interpersonal communication in interactions with patients. Shall recognize and make decisions in light of the ethical considerations of medical practice. Shall demonstrate compassion and respect for patients' rights and privacy.

Institutional and Programmatic Self-Evaluation

The College conducts an ongoing self-analysis using the Examsoft platform, Constant Contact surveys, focus groups, and individual meetings. The College's assessment group meets each week to review self-assessment results and recommend improvements for the College.

Teaching Chinese Medicine in America

In the mid-1950's, the first modern universities of TCM were founded in China. The mission of these schools was to take the theory and clinical practices of Chinese medicine, apply a scientific approach, and develop a modern educational system. This educational model became the Chinese standard for TCM education.

The core teaching sections are:

- Yin Yang • The Five Phases
- The Five Zang Organs • The Six Fu Organs • The Extraordinary Fu Organs
- Qi • Blood • Body Fluid • The Relationship between Qi, Blood, and Body Fluid
- Basic Concept of the Meridians • Twelve Regular Meridians • Eight Extra Meridians
- Classification and Nomenclature of Acupoints • Methods of Locating Points
- Therapeutic Properties of the Points of the Twelve Meridians and Eight Extra Meridians
- Diagnostic Methods • Looking • Listening • Smelling • Inquiry • Palpation
- Principles of Treatment Strategy
- Therapeutic Methods • Basic Principles for Prescription and Selection of Points
- The Basic Principles for Selection and Prescription of Herbs and Formulas
- Diseases categorized by the Body Systems • Traumatology

Zang fu organ and meridian theory, the basis of Chinese medicine, is a clinical model of the physiological function and pathological changes that affect health and disease in the human body. The essential functions of the meridian system are to transport Qi and blood and to resist the invasion of exogenous pathogenic factors.

This theory has been the guiding principle for clinical practice in TCM in both ancient and modern times. By combining meridian theory with the principles of the zang fu organs, the pathology of disease and corresponding therapeutic principles can be explained in great detail. In this manner, a theoretical basis for the principle of clinical treatment in accordance with the differentiation of signs and symptoms was established.

The Midwest College follows a modern educational model in both classroom and clinic; creating learning experiences that build critical thinking skills based upon classic TCM theory. Educational objectives have been developed, textbooks have been chosen, and workbooks created to best teach the classic academic theory and contemporary clinical practice of Chinese Medicine to today's student in America.



Distance Education and MCAHM

Distance learning courses (independent study) are provided to accommodate the needs of students during and after the pandemic. The Midwest College of Acupuncture and Herbal Medicine (MCAHM) values the opportunities for access for its students, and MCAHM views distance education as an essential component of educational access. MCAHM now offers degree and certificate program components through distance learning modalities to accomplish its mission to provide access. Practical courses are offered in person. Distance learning courses (independent study) have the same content, grading system, and credit value as on-campus courses. The tuition is also the same. Learning support services are available to students in distance learning courses; moreover, special accommodations are available, such as access to library materials by phone, physical mail, or online. The library portal is www.mcomlibraryresources.com. MCAHM offers distance learning courses in Synchronous format using Zoom Video meetings. All policies regarding attendance, quizzes, and examinations are the same for online and in-person courses. All MCAHM quizzes and examinations for didactic courses use the Examsoft.com platform.

Courses in the Theory of Acupuncture and Herbal Medicine

Courses with the prefix "A" focus on the theories of Acupuncture and Chinese Medicine. P after the credit/hours is a pre-requisite.

A300 Fundamentals of Chinese Medicine Zhong Yi Ji Chu Li Lun 3.6 credits/36 hours
This course is an introduction to the theoretical and philosophical concepts of Chinese Medicine. They include Qi, Yin and Yang, the five phases, the eight principles, and San Jiao metabolism. The history and development of Chinese Medicine from the ancient sources to modern practice are emphasized. This establishes the root from which the student's understanding will grow.

A301 Chinese Medical Pathology 1 Zhong Yi Bin Li Xue 1 3.6 credits/36 hours P A300
This course is a practical study of the internal and external causes of disease within the Chinese medical model. It covers various theories including the six pernicious influences, the seven emotions, eight principle patterns, cold-induced disorders, and warm disease theory. A clear understanding of energetic dysfunction "TCM pathologies" is needed in order to apply the sophisticated system of Chinese Medicine based on sign and symptom patterns.

A302 Chinese Medical Pathology 2 Zhong Yi Bin Li Xue 2 3.6 credits/36 hours P A301
This course is a further study of Eight Principle Theory as it applies to the pathology of the five phases, the Zang Fu organs and the San Jiao. Various dysfunctions of Qi, fluids, blood, jing and shen are covered.

A304 Clinical Foundation / Philosophy 3.6 credits/36 hours

This course starts with orientation to internship with a focus on observation, to prepare students for clinic. After this introduction to internship protocols, policies, and procedures, the course then covers a first introduction to the classic "antique" points and their energetic function.

The moral and ethical principles that are at the core of Asian philosophy are taught in the latter part of the course. The teachings of Lao Tzu, Confucius and Buddha are related in a manner that can be applied in the present day. The influence of these schools and the history of Chinese medicine is stressed.

A310 Point Location 1 Xue Wei 1 3 credits/24 hrs lecture/12 hrs lab P A300

A311 Point Location 2 Xue Wei 2 3 credits/24 hrs lecture/12 hrs lab P A300

Location, energetics, indications, and regional anatomy of fourteen meridians are covered. These courses begin instruction by using charts, models, and finally fellow students as subjects to locate and mark the most important acupuncture points.

A312 Accessory Techniques Fu Zhu Zhi Liao 3.6 credits/36 hours

This course begins with the theory and pathways of the acupuncture channels. After a lecture, students trace the course of the meridians on each other's bodies. Then it proceeds to lectures, demonstrations, and practice in the traditional accessory techniques of Chinese Medicine: moxibustion, guasha, and cupping.

A320 Chinese Massage 1 Zhong Yi Tui Na Xue 1 3 credits/24 hrs lecture/12 hrs lab

Tui Na is a highly developed form of Chinese massage that includes many different hand techniques applied to specific areas of the body. These methods are demonstrated and then practiced in class. Classes cover application of massage techniques to regions of the body for both local and systemic problems. Students gain proficiency in manipulation skill and sensitivity to energy balancing as they practice these techniques in class and apply them in clinic.

A321 Chinese Massage 2 Zhong Yi Tui Na Xue 2 3
credits/24 hrs lecture/12 hrs lab

This course continues massage techniques to regions of the body for both local and systemic problems. Students gain skill and sensitivity to energy balancing as they apply these techniques in clinic. Good Tui Na technique combined with the accessory techniques are an important adjunct to an acupuncture practice.



A400

Chinese Differential Diagnosis Zhong Yi Zhen Duan Xue 3.6 credits/36 hrs P A302
Detailed discussion and practical experience in the four classical techniques of Chinese diagnosis: observation, palpation, auscultation, and inquiry. There is special emphasis placed on tongue and pulse diagnosis. Instruction is also given in completing a patient evaluation form, which includes a personal medical history, a differential diagnosis, and a record of the treatment. At this point, students are beginning their next phase of clinic and very quickly begin to have the responsibility of using this information in a clinical setting.

A401 Eight Principle Treatment Strategy Ba Gang Zheng Duan Liao Xue Zong Lun 3.6 credits/36 hours P A400

This course covers the basis of treatment using the eight principle and secondary vessel pathology. Students learn to formulate a treatment using the information gathered from pulse and tongue diagnosis. Practical use of classical point categories such as antique points, influential points, and windows of the sky points in the treatment of eight principle disease patterns will be further explored. After a year of study, students enter a new phase of education. After this, they are able to choose points based upon their function and relationship to presenting patterns.

A402 Clinic Review Lin Chuang Yi Xue 3.6 credits/36 hours P A401

This course helps students to develop their skills in the organization and analysis of presenting symptoms through student presentations of patient case histories. This clinic review class includes evaluation of both the physical and psychological components of an illness and specific treatment strategies using TCM and nutrition as primary or secondary therapies. Professors give their personal clinical experiences in treating a number of difficult conditions and special problems.

A410 Needle Technique 1 Zhen Fa 1 3 credits/24 hrs lecture/12 hrs lab P A311

At the beginning of the second academic year, students begin developing needle insertion skill. Starting with safety in modern acupuncture, students receive intensive instruction in the techniques of clean needle insertion as approved by current national standards. In this course, students practice needle insertion with combinations of points that would be used in treatment.

A411 Needle Technique 2 Zhen Fa 2 3 credits/24 hrs lecture/12 hrs lab P A410

This course covers practical demonstration and classroom practice in needle technique on the points of the twelve main meridians, as well as many extra points. Students review the anatomical structures through which needles pass at progressive depths of the body. It includes proper insertion, angle, depth, duration, and withdrawal of needles. The selection of points to be covered in each class has been carefully considered to help students get a sense of treatment. Included are lectures and practice on combining needles with accessory techniques such as electrostim, auricular, plum blossom, sooji chim, etc.

A412 Needle Technique 3 Zhen Fa 3 3.6 credits/36 hours P A411

In this course, students receive a detailed study of acupoint energetics, starting with the meaning of the classical Chinese name. After studying the "antique" points, there is a comprehensive exposition of acupoint combinations; their rationale and clinical application.

A500 Treatment Strategy 1 Zhen Jiu Zhi Liao Xue 1 3.6 credits/36 hours P A402

This is the first in a series of three courses that covers essential methods of diagnostic differentiation and treatment of many biomedically named diseases and their different TCM patterns. Students learn to think about diagnostics and treatment from both an ancient energetic and contemporary biomedical prospective. Students learn how to plan a treatment combining core and adjunct acupoints and the accessory modalities of TCM, and to recommend foods and supplements based on the condition and accompanying complaints for problems they will see in their future practices.

A501 Treatment Strategy 2 Zhen Jiu Zhi Liao Xue 2 3.6 credits/36 hours P A500

This course continues the essential methods of diagnostic differentiation and treatment of many diseases and their TCM patterns, so that students learn to think about diagnostics and treatment using both traditional and modern prospectives. A component of this class is a comparison of treatment of the same disease, but different Zang Fu patterns.

A502 Treatment Strategy 3 Zhen Jiu Zhi Liao Xue 3 3.6 credits/36 hours P A501

This is the last of three courses in Treatment Strategy. Students should now understand the rationale and methodology of selecting and combining acupoints and accessory modalities based on their biomedical disease name and specific TCM Zang Fu pattern. They continue to be encouraged to consult reference texts to offer sound nutritional advice

A600 Clinical Correlations Zhen Jiu Zong He Li Lun 3.6 credits/36 hours P A502

This course is offered at the conclusion of all the TCM theory and treatment strategy courses. Students review the essential knowledge received throughout their education as they prepare for their capstone TCM theory examination.

A603 Evidence Based Practice 3.6 credits/36 hours P A502, D650A, D651

EBP is the integration of clinical expertise, patient values, and the best research evidence into the decision making process for patient care. The best research evidence is usually found in clinically relevant research that has been conducted using sound methodology. This course teaches students how to bring EBP principles into the clinical experience to support their future practice.

Practice Management Curriculum

Applying the tried and true principles of practice management are invaluable in developing a successful career. While practice issues are woven throughout the entire curriculum, these classes, which begin with the prefix "P", focuses on techniques of practice building.

P500 Practice Management 1 3.6 credits/36 hours

Topics include office organization, accounting, record-keeping, insurance, and the legal aspects of a practice. State and national regulations and norms regarding the practice of complementary and alternative medicine (CAM) are covered. An important part of this class is learning how to create a realistic business plan in order to start a new practice on a sound financial basis, how to select a location, advertise, and manage patient appointments.

P501 Practice Management 2 3.6 credits/36 hours

This course expands on information taught in Practice Management 1 and also covers resources, devices, and methods required to optimize the acquisition, storage, retrieval, and use of information in health and biomedicine.

Courses in the Biomedical Sciences

Courses that begin with the prefix "B" include all the bioscience classes that are needed to practice Acupuncture and Herbal Medicine in this modern world, where sensitivity to energetic flow is combined with the safety and validity of clinical science.

B330 Anatomy 1 Jie Pou Xue 1 4.8 credits/48 hours

This course is an in-depth study of the somatic structure and physiologic function of the human body. There is attention given to the palpatory anatomy that will be needed for Point Location and Needle Technique classes. Charts are good, models are great; but without palpating a human body, anatomy class can be a very dry subject.

B331 Anatomy 2 Jie Pou Xue 2 4.8 credits/48 hours P B330

A continuation of Anatomy 1, this course is an in-depth study of the visceral structure and physiologic function of the human body. It includes an introduction to organ function, physical structure, and biochemical pathways related to micro and macro nutrients.

B332 Neuroanatomy Shen Jing Xue 4.8 credits/48 hours P B331

This course includes topics in neuroanatomy and neurophysiology. Mechanisms of the nervous system are covered as related to the scientific basis of acupuncture and its application to the treatment of disease. Communication skills between acupuncturists and other medical professionals are stressed.

B430 Orthopedic Assessment Gu Shang Xue 3.6 credits/36 hours P B331

This course introduces examination, evaluation, and treatment of orthopedic disorders. The theory and diagnostic evaluation of musculoskeletal conditions is covered.

B431 Biological Chemistry Sheng Wu Hua Xue / Hua Xue 4.8 credits/48 hours

This course is a review of the basic sciences focusing on chemistry, microbiology, and human biology, so that students are prepared with a base of knowledge that will be needed for future classes. Teaching is from standard texts of biochemistry, microbiology, human biology, and nutrition. It includes an overview of the basic structures of organic molecules sufficient to understand the structure of chemical compounds studied in human chemistry. The goal of this course is to prepare students for the courses in physiology, pathology, and other classes in the western clinical sciences.

B432 Physiology Sheng Li Xue 3.6 credits/36 hours P B431

This course provides students with knowledge of the normal biological functions that are a prerequisite to understanding the nature and etiology of disease. Students gain the foundation in western physiology needed to understand the biochemical processes and nutritional needs of the human body related to health and disease. Information in this class is intrinsic to understanding the foundations of nutrition.

B433 Laboratory Interpretation Shi Yan Yi Xue 3.6 credits/36 hours P B432

This course reviews normal values in blood chemistry, urinalysis, hematology, etc. It explains the signs of disease when values are out of the normal range. After this course, practitioners of TCM will be able to communicate with other medical practitioners in an integral approach to care.

B530 Physical Examination Wu Li Zhen Duan Xue 3.6 credits/36 hours P B432

This course includes procedures of physical and neurological examination; providing an understanding of the methods used in making a physical diagnosis. Students are introduced to the fundamentals of physical examination with a comparison of normal and abnormal physiological states, and the indicators of disease. In this class, students will learn when to make appropriate referrals.

B531 Pathology 1 Bing Li Xue 3.6 credits/36 hours P B431, B432

B532 Pathology 2 Bing Li Xue 2 3.6 credits/36 hours P B531

These courses begin with a review of the normal physiological processes and then discuss how these are altered by disease. Discussions on diagnosis, prognosis and intervention in the pathologies of various systems and organs are studied. Students will be able to recognize pathological indicators and biochemical pathways to better correlate the basic science of pathology with physical diagnosis and disorders related to nutrition. There is emphasis on diseases and pre-existing conditions that may affect acupuncture treatment.

B533 Pharmacology Xi Yi Yao Li Xue 3.6 credits/36 hours P B431

This course covers commonly prescribed medications, their origin, nature, properties, and effects. It introduces students to the information that they will need to better understand how medications may relate to and affect treatments. Students will understand the interaction of food and vitamin therapy, as well as herbs and nutritional supplements with pharmaceutical medications. An important outcome of this class is the ability to better communicate with physicians about medications and the overall treatment plan of a patient.

B534 Clinical Medicine Xi Yi Zong He Yi Xue 3.6 credits/36 hours P B532, B533

This course is a review of the bioscience curriculum as it affects diagnostic decision making in an integral approach to care. It will help students prepare for the Bioscience Capstone examination, future practice, and their ability to communicate with other healthcare providers.

B631 Western Nutrition Ying Yang Xue 3.6 credits/36 hours P B431, B432, B531-2

This course concentrates on the processes involved with taking in and utilizing food substances by which growth, repair, and maintenance of activities in the body are accomplished. This includes ingestion, digestion, absorption, and metabolism, as well as basic nutritional needs and the use of vitamins, minerals, and supplements. This course builds on prior bioscience classes to focus on biomedical nutrition and food therapy. Carbohydrate, lipid, and protein (macronutrient) requirements needed to maintain health at different stages of life is covered. This course moves on to cover the topics of vitamins, minerals, and nutritional supplements that can be used in an acupuncture practice.

Courses in Herbal Medicine

Courses with the prefix "H" are the study of herbal medicine. The Midwest College takes a unique approach to its herb curriculum. Rather than covering all of the required herbs before exploring their use, the following six courses combine materia medica and formulas in a sequence following their principles and functions. In this way, students are much more engaged in the study of the properties of individual herbs and their combinations into formulas in an integrated approach to clinical practice.

During the first five weeks of each quarter students study the function of individual herbs. During the second half of the course students study formulas in the same category of function.

This approach is the culmination of several years of development between the Dean of Herbal Medicine and faculty, with a review of modern approaches in China.



Master Li Shizhen

H460 Herbs and Formulas 1 Zhong Yao Xue / Fang Ji Xue 1 4.8 credits/48 hrs P A400
Students must remain simultaneously enrolled in acupuncture theory classes to take any courses in the herbal curriculum unless they are an Acupuncture Program graduate.

Students learn the name, category, function, and visual identification of at least 50 herbs. Temperature, taste, and the meridians affected are taught, along with the Latin and Chinese names for all of the herbs. The methods of preparation, contraindications, herb dosage, and substitutions for endangered species are covered. The nutritive function is included when the herb is also used in food therapy. Other topics including history of herbology, botany, and a review of TCM theory are presented. Students learn the traditional formula name, category, function, composition, modification, and administration of about 25 herbal formulas, both classic and modern. The herbal curriculum also covers prepared Chinese formulas and modern formulas manufactured by American herbal product companies, since many patients prefer the convenience of formulas prepared into tablets, pills, and capsules.

H461 Herbs and Formulas 2 Zhong Yao Xue / Fang Ji Xue 2 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H560 Herbs and Formulas 3 Zhong Yao Xue / Fang Ji Xue 3 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H561 Herbs and Formulas 4 Zhong Yao Xue / Fang Ji Xue 4 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H562 Herbs and Formulas 5 Zhong Yao Xue / Fang Ji Xue 5 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H660 Herbs and Formulas 6 Zhong Yao Xue / Fang Ji Xue 6 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.



H661 TCM Nutrition P H660, A600

Zhong Yi Ying Yang Xue 3.6 credits/36 hrs

The famous saying by Sun Simiao sets the tone for this class; "Doctors should first understand the pathogenesis of disease and then treat it with diet." TCM treatment, whether acupuncture, moxibustion or herbs, is enhanced when the treatment principle is supported by healthy eating.

In this course, students will learn how to use Asian and American foods and recipes to maintain health and treat illness.

During internship, interns recommend foods to add and foods to avoid according to the energetic pattern.

H662 Chinese Herb Classics Jing Dian Wen Xian Xue 3.6 credits/36 hours P H660, A600

Study of the TCM Herbal Classics is an important way to deepen understanding and improve the ability to diagnose and treat diseases with herbal formulas. In this class, students learn the theories, diagnostic methods, and treatment of diseases from the Shang Han Lun and Wen Bing. Students learn Six Channel Pattern Identification from the Treatise on Febrile Diseases, and study diseases caused by the damage of heat, including pathogenic factors of the Wei, Qi, Ying, Xue, and San Jiao patterns.

H663 Internal Medicine 1 Zhong Yi Nei Ke Xue 1 4.8 credits/48 hours P H660, A600

This course focuses on treatment strategy based upon traditional and modern Chinese medicine. It is the part of the program where theoretical information is put into clinical context. Syndromes of diseases, based upon classic and modern texts, are covered in detail.

Students learn to choose the appropriate herbal formulas and make nutritional recommendations that best treat the disease or condition. The teacher brings clinical experience and case study discussions, including herbs and food therapy, to these classes.

H664 Herb Clinic Review Zhong Yi Lin Chuang Zhi Liao 3.6 credits/36 hours P H663

This class reviews the knowledge of Materia Medica and formulas learned in previous courses. The instructor will facilitate discussion through a review of problems of the zang organs, patterns, and diseases. Case study discussion facilitates students' evaluation of their diagnostic abilities. Students review the essential knowledge received throughout their education as they prepare for their Capstone herbal examination.

H665 Internal Medicine 2 Zhong Yi Nei Ke Xue 2 4.8 credits/48 hours P H663

This course continues the study of herbs and acupuncture in traditional and modern Chinese medicine. Students learn to select herbal formulas and make nutritional recommendations for the presenting complaint and pattern. The teacher continues to offer case studies for discussion. Additionally, this class covers advanced treatment strategy for acute and critical care problems.

Directed Learning

Courses with the prefix “D” are directed learning papers.

Directed learning develops and demonstrates a student’s skill in selecting those facts and ideas that are pertinent to the topic and in organizing and documenting the information clearly, logically, and effectively. Each requires a minimum of three months to complete. They further demonstrate the ability to make use of all the library resources in gathering materials, as well as ingenuity in finding other sources yielding additional information. Students must register in the quarter shown on the curriculum outline.

D450 Chinese Medical History

(1.2 credits/36 hours)

This directed learning paper traces the development of Chinese medicine, including the classics, historical figures and periods, and a discussion of important theoretical developments. It gives students a respect for the ancient traditions from which the modern, clinical practice of TCM developed.

D451 Ethics and Counseling

(1.2 credits/36 hours)

This CD-ROM course includes discussion that brings up pertinent issues in healthcare practice and examines the approach taken by a counselor. It focuses on ethical decision-making and the patient/practitioner relationship. It requires an essay and written exam.

Major Paper

D550 Major Paper Proposal (1.2 credits/36 hours)

D551 Major Paper Work Acupuncture P D550 (1.2 credits/36 hours)

D650A Major Paper Completion Acupuncture P D551 (1.2 credits/36 hours)

D650 Major Paper Work Acupuncture and Herbal Medicine P D550 (1.2 credits/36 hours)

D651 Major Paper Completion Acupuncture and Herbal Medicine P D650 (1.2 credits/36 hours)

All students are required to develop, document, and write a major paper on an academic or clinical topic or a review and analysis of published research or data. Students choose one of the following options and present their proposal to a faculty advisor before beginning. Students in the AHM program must include herbs and nutrition as part of their paper.

Academic Paper Option

This option is a scholarly paper focusing on TCM theory and practice. It is compiled from lectures, classroom material, and library research. There must be a formal citation of source material.

Clinical Paper Option

This option builds upon classroom study, academic research, and internship to demonstrate an understanding of the differentiation and treatment of disease in TCM. A clinical paper includes comparative pathology and case presentation in an in-depth study of a clinical specialty.



Clinical Internship Courses with the prefix "I" are clinical internship.

Acupuncture Internship I -340, 341, 342, 440, 441, 442, 540, 541, 542, 543 (2.7 cr /54 hrs)
640A, 641A (3.0 credits/60 hours) Total 660 hours

Acupuncture and Herbal Medicine Internship I -340, 341, 342, 440, 441, 442, 540, 541,
542, 543, 544, 640, 641, 642, 643, 644, 645 (2.7 credits/54 hours) Total 918 hours

Clinical Focused Education

Prospective students who choose to attend the Midwest College should be prepared for a rigorous clinic-based educational experience. Students begin to work in the College clinic their very first fall quarter. The program has been designed to take classroom learning, even first year theory, and have students see the clinical application of concepts during their internship activities and experiences.

In order to support the development of clinical competencies, interns work with a number of workbooks through the phases of internship. Internship begins with observation. Then it moves on to intake and diagnosis. It continues with designing and delivering acupuncture treatments and is completed with the diagnostic logic and critical thinking skills needed to create and evaluate a comprehensive treatment plan using all the modalities of TCM.

The clinical program is arranged into three phases for Acupuncture and five phases for Acupuncture and Herbal Medicine. Acupuncture students complete a total of 660 hours using acu/moxa therapy. Acupuncture and Herbal Medicine students complete 648 hours of acu/moxa internship and then begin integrating herbs and nutrition for an additional 270 hours, for a total of 918 hours.

In Phase 1, interns learn the procedures of clinical intake and physical assessment. They also observe senior interns doing intakes, performing acupuncture, and dispensing herbs.

In Phase 2, interns deliver acupuncture treatments, perform Tui Na, and use accessory modalities under supervision of clinical faculty.

In Phase 3, students develop a treatment plan based on their diagnosis. They complete the Continuity of Care Sheets to document the objectives of this phase.

These three phases compose the internship portion of the Acupuncture Program.

In Phase 4, interns work closely with their supervisor to develop the skills needed for herbal diagnosis, compounding formulas, and making nutritional recommendations.

In Phase 5, the last phase prior to graduation, students perfect their skill in herbal formula modification and are responsible for making diagnoses and developing treatment plans using all the modalities of TCM; acupuncture, moxibustion, herbs, and TCM nutrition.

Interns document phases with the Padlet forms in which they record their experiences.

After completing the internship program at the Midwest College, students have two to three, or more years of intensive experience treating patients. These years of clinical contact, guided by well-experienced supervisors, prepare graduates for the demands and responsibilities of a busy practice.

Clinical Competencies to be Achieved During Internship

Phase 1 Internship Performance Objectives:

- Demonstrates skill in basic Western diagnostic examinations; blood pressure, pulse etc.
- Assists with the operation of the clinic; setup, charting, patient flow, etc.
- Complies with blood-borne pathogen safety
- Takes advantage of observing and participating in pulse, tongue, and palpation exam
- Displays skill in accessory therapy: Tui Na, moxibustion, cupping, etc.
- Displays knowledge of point location consulting texts and charts

Phase 2 Internship Performance Objectives:

- Adheres to clean needle technique
- Demonstrates skill in administering assigned treatments
- Displays skill in reading pulse, tongue and palpatory findings
- Demonstrates ability to insert needles with little or no pain
- Demonstrates ability to interview, eliciting necessary information
- Demonstrates ability in the complete documentation SOAP note process.
- Displays knowledge of point location occasionally consulting texts and charts
- Demonstrates professionalism in attitude/appearance and sensitivity to patient needs
- Demonstrates knowledge of pattern differentiation and selection of point combinations



Phase 3 Internship Performance Objectives:

- Demonstrates ability to accurately and independently arrive at a TCM diagnosis
- Able to independently devise and skillfully administer treatment
- Able to independently construct a treatment plan and evaluate its efficacy
- Demonstrates skill in insertion and manipulation technique
- Completes thorough and accurate documentation: SOAP notes, history, etc.
- Displays accuracy in knowledge of point location without consulting texts and charts
- Demonstrates critical thinking in creation of a comprehensive acupuncture care plan
- Demonstrates awareness of nutrition in health, vitality, and resistance to illness
- Makes appropriate referrals to allied health professionals

Phase 4 Internship Performance Objectives:

- Coordinates acupuncture, herb and nutrition therapy
- Compounds and dispenses formulas in an herbal dispensary
- Understands protocol and standards for the management of an herbal dispensary
- Conducts the medical history needed for planning and delivering an herbal treatment
- Acquires and interprets significant clinical information in light of herbal therapy
- Makes nutritional recommendations as an integral part of a patient case plan
- Recommends foods to add and foods to remove based upon TCM energetics

Phase 5 Internship Performance Objectives:

- Independently plans and delivers an herbal treatment
- Demonstrates ability to modify a formula for specific circumstances
- Recognizes when to choose patent, prepared, or crude herb formulas
- Makes nutritional recommendations for health promotion, maintenance, and treatment
- Integrates all TCM modalities and nutrition into a comprehensive, holistic treatment plan
- Makes appropriate referrals to allied health professionals

Chinese Herbal Medicine: Ancient Traditions to Contemporary Practice

The five most important of the eight modalities of Traditional Chinese Medicine are acupuncture, moxibustion, Tui Na massage, Chinese herbs, and nutrition.

Many students choose to concentrate their studies on acupuncture, which is the holistic therapy of choice in America. Acupuncture is a valuable healing modality and soul satisfying career. Others choose to complete a curriculum that combines acupuncture and herbs.

For students who choose to study both acupuncture and herbs, the Acupuncture and Herbal Medicine Program curriculum covers classic theory and traditional formulas, while highlighting the latest developments in clinical practice.

In the Midwest College student clinics, interns learn to compound raw herbs in the traditional style, where formulas can be modified based upon a patient's unique energetic profile. Interns also learn when to choose prepared medicines from China, as well as tinctures, capsules, or tableted herb formulas made in the U.S. for the American constitution.

The Midwest College's student clinics offers each intern the opportunity to gain a unique experience that combines acupuncture, nutrition counseling and the principles of traditional Chinese herbal medicine.

The Midwest College can help any student meet the expectations of delivering health care in a powerful and effective style that will reach patients from the fundamental level of balanced nutrition to the subtle level of balanced Qi.

Foreign Internship | 596 (optional)

The Midwest College of Acupuncture and Herbal Medicine has been conducting foreign internship trips to China for over twenty years. An announcement will be made when a China trip is being planned.

The Midwest College is affiliated with the Guangzhou University. Our collaboration has allowed us to bring the most recent advances in TCM medical therapy to our educational programs.

Only Midwest College foreign internships are accepted for approved credit. Private or unaccredited foreign study programs are not accepted for credit. Students must have their Midwest College tuition paid up to date before foreign internship credit is accepted. The China internship trip may not cause attendance requirement conflicts with the didactic portion of their education. A maximum of 108 hours of acupuncture clinic may be completed through the Midwest College's foreign study trip.





Faculty

Jude Brownlee, M.S.O.M., L.Ac, (NCCAOM)

is a graduate of Midwest College of Oriental Medicine (MCOM), class of 2018, and has served as a clinical instructor and supervisor for the past four years. He was inspired to study Traditional Chinese Medicine through his long-standing practice of Qigong and Wing Chun Kung Fu. Jude focuses on teaching interns how to apply traditional acupuncture techniques to address pain and other chronic or complex patient symptoms.

Dan Callahan, D.A.O.M., M.S.O.M., B.S., L.Ac., (NCCAOM)

received a Masters in Traditional Oriental Medicine and a Bachelors of Science in Nutrition and then earned the Doctor of Acupuncture and Oriental Medicine from Midwest College of Oriental Medicine. He teaches practicum classes and is a clinic supervisor. Dan has been a faculty member since 2015. He is an experienced TCM practitioner specializing in acupuncture, moxibustion, and herbal medicine.

Daryll Daley, D.A.O.M., M.S.O.M., B.S., L.Ac., (NCCAOM)

received a Masters in Traditional Oriental Medicine and a Bachelors of Science in Nutrition and then earned the Doctor of Acupuncture and Oriental Medicine from Midwest College of Oriental Medicine. He teaches practicum classes and is a clinic director and lead supervisor. Daryll has been a faculty member since 2007. He has a thriving practice in the Bucktown neighborhood of Chicago in an environment that combines Yoga, Tai chi, and other holistic practices.

Michelle H. Goebel-Angel, M.S.O.M., M.B.A., L.Ac (NCCAOM)

received a Masters in Traditional Oriental Medicine and a Bachelors of Science in Nutrition from Midwest College of Oriental Medicine. Michelle strives to inspire future healers through clinical supervision in the field of acupuncture and herbal medicine. Her goal is to integrate Eastern and Western medicine to improve patient mental, physical and spiritual health for improved quality of life. She works at the Raby Institute for Integrative Medicine at Northwestern Hospital, Chicago, IL. as lead acupuncturist collaborating with Western Medicine Internists, Gynecologists, Nurse Practitioners, Naturopath, Naprapath, Physical and Massage therapists.

Dora A. Jimenez, M.S.O.M., M.S. Biology, LAc., (NCCAOM)

received a Masters in Traditional Oriental Medicine and Bachelors of Science in Nutrition from Midwest College of Oriental Medicine. She has been in practice for 20 years and prior earned a Masters in Biology and completed programs in Reiki. Her practice is patient centered, focusing on whole person care and collaborative goals with a special interest in treating neurodivergent patients, anxiety, and chronic conditions. As a clinic supervisor she encourages interns to develop these skills and partner with patients on their journey to wellness.

Anne Kuhry, B.Med., B.S., L.Ac., (NCCAOM)

received her B.S. from the University of Wisconsin and her Bachelor of Medicine from the Guangzhou University of TCM. Dr. Kuhry teaches herbal medicine. Dr. Kuhry holds 20 plus years as a TCM practitioner/clinic supervisor/nurse manager for the elderly. Botanical and horticultural prowess is the basis for her mastery of Chinese medicines.

Faculty

Yichuan Candace Liu, D.A.O.M., B.Med., M.S.O.M., L.Ac., (NCCAOM) earned her Bachelor of Medicine from the College of Basic Medical Science in Taiwan and her Chinese medical degree from the Nanjing University of Chinese Medicine. She teaches TCM nutrition, philosophy, and herbs, and is an assistant in practicum classes and clinic. Dr. Liu brings classical TCM as well as any new herbal research in the field into the classroom and clinic setting. She strives for more rigorous education to match Chinese programs and aims to fully merge the practices of east and west.

Christopher Phillips, M.S.O.M., L.Ac, (NCCAOM) received a Masters in Traditional Oriental Medicine and a Bachelors of Science in Nutrition from Midwest College of Oriental Medicine. He is an experienced TCM practitioner specializing in acupuncture, moxibustion, herbal medicine and qi gong. Owner of two acupuncture centers and has been in private practice for nearly 20 years. Chris has completed programs in Reiki and Cranio-Sacral Therapy. And is a practitioner of Tai Chi and Qigong.

Leslaw Samitowski, M.S.O.M., is a graduate of the Midwest College. He is a master of Qi Gong and Tai Qi which he incorporated into his Massage practice. Mr. Samitowski teaches Tuina courses and Orthopedics.

Mark Severance, D.C., M.S.O.M., earned his Chiropractic degree from the Palmer College of Chiropractic and is a graduate of the Midwest College. He teaches anatomy and physiology 1 & 2, neuroanatomy and biochemistry classes. Dr. Severance fully engages students by presenting real-world problems he has faced treating diseases of the east and west.

Damon Thomas, M.S.O.M., L.Ac, (NCCAOM) has been active in the health and wellness field since 2011 as a massage therapist, Qigong practitioner and instructor, and more recently as an acupuncturist, graduating from the Midwest College of Acupuncture and Herbal Medicine. He believes that recognizing patterns of imbalance provides the best opportunity to help others restore their natural balance. In his role as a supervisor at Midwest College of Acupuncture and Herbal Medicine, Damon enjoys guiding interns as they develop their own unique approaches to Traditional Chinese Medicine.

Jennifer Uretz, APN, DAOM, brings years of experience in complementary healthcare as a Nurse Practitioner with a passion for TCM. As the lead professor of Bioscience at MCAHM, she has served as a Telemedicine Clinic Facilitator and Co-presenter of a VBLOG integrating TCM and Western Medicine. She has been a featured speaker for the Nurse Practitioner Association and the Council of Colleges for Acupuncture and Herbal Medicine, and teaches CEU courses for Acupuncturists with the IL Department of Professional Regulation.



Admissions Policy

The Midwest College of Acupuncture and Herbal Medicine is interested in candidates who have a strong humanitarian commitment and whose past accomplishments show evidence of originality, creativity, and a capacity for independent, critical thinking. The Admissions Committee values applications from those students who have shown their interest for working in the healthcare environment, or in activities involving the care of others, and in a variety of community services.

In order to become a student at the Midwest College, applicants must meet all admissions requirements. This includes submitting the necessary items listed below and on the application form. Students applying for financial aid must attend an admissions interview regarding financial aid rules and regulations and sign the required financial aid entrance interview form.

Admissions Requirements

1. An Associate degree from an accredited college or successful completion of at least two years accredited postsecondary education (60 semester or 90 quarter credit hours)
2. Distribution of academic prerequisites for Illinois students for the B.S./M.S. program with less than an Associate Degree:
Math/Physical Science (6 to 8 sem. credits), English/Composition (6 to 8 sem.credits), Social/Behavioral Science (6 to 8 sem. credits), Business/Economics (6 to 8 sem. credits), or their equivalent hours)
3. Official transcripts from all universities and colleges attended must be sent directly to the admissions office in Racine. The minimum acceptable GPA is 2.0 on a 4.0 scale.
4. Completion of an admissions interview
5. An application with a check for \$315 (fully refundable if admission is denied) (\$65 application fee and \$250 deposit)

Application Deadline

Students entering the Acupuncture or Acupuncture and Herbal Medicine program must have their application submitted, all of their documentation on file, and have completed an admissions interview prior to the beginning of the quarter. Late submission may result in the deferral of acceptance to a later quarter.

Selection of Candidates

Selection is based on previous academic achievement, professional experience, and an admissions interview. During the admissions interview, prospective students are given an opportunity to explain how they became interested in medicine and their vision of their future career in the field of Chinese medicine. The College is looking for applicants who demonstrate the level of commitment, enthusiasm, confidence and maturity needed to build a successful professional practice. A notice of acceptance or denial will be sent by mail to prospective students who complete the application process and admissions interview.

Re-Enrollment Requirements for students post two year academic exposure without professional practice

Complete with a passing grade / competency:

1. Practical Clinical comprehensive examination; each level must be proficient, levels of incompetence will require completion/repeat of correlated academic coursework.
2. Repeat Capstone courses (tuition waived) B534 Clinical Medicine and A600 Clinical Correlations.

Internship cannot resume until requirements are met. Current program coursework requirements must be met.

Out of State Students / Foreign Applicants Living in the U.S.

Interviews may be done by telephone if travel arrangements are difficult. There is moderately priced rental housing available in southern Wisconsin. Students who need help relocating will be assisted by the school. The campus in Racine is 30 minutes from Milwaukee and can be reached from Chicago in just over an hour. Applicants who have completed their studies outside the United States must present all post secondary school credentials. Documents must be authenticated or certified and those not in English must be accompanied by certified translations. Nonresident applicants must meet TOEFL requirements.

Nondiscrimination / Disability Policy

School policy is to comply fully with applicable federal and state nondiscrimination and equal opportunity laws, orders, and regulations. The school will not discriminate in its programs and activities against any person because of race, color, religion, sex, national origin, ancestry, age, marital status, disability, or status as a disabled veteran. This policy applies to admissions, employment, and access in school programs and activities. Individual arrangements for the disabled can be made by contacting the admissions office.

Title IX Discrimination policy is found at the bottom of the the home page at www.acupuncture.edu or at the web page <https://acupuncture.edu/title-ix/>

Transfer Credit

Upon request, the Midwest College will evaluate academic work from accredited schools, both in science and TCM, to determine transfer credit. Documentation of course content may be required. There is no charge for transfer credit accepted from accredited schools. Transfer credit will decrease the number of hours of study at the Midwest College, the tuition cost, and eligibility for financial aid, depending on the amount of transfer credit awarded. Transfer credit usually reduces course load, but usually does not reduce the minimum 30 months for Acupuncture or 36 months in Acupuncture and Herbal Medicine required for graduation, unless the student is transferring significant hours from an ACAHM accredited or WHO recognized school. All applicants may receive transfer credit for up to 50% of the total program credit requirements. Of that 50%, no more than 25% of the program clinical training requirements may be accepted as transfer credit at the Midwest College. Students transferring from the Midwest College to other schools must consult the other school's Admissions Office regarding transferability of credit. The student handbook contains detailed policy.

Leave of Absence / Medical Leave

Leaves of absence are limited to a maximum of 180 days, once in any twelve month period, for family emergencies and health problems. An appointment must be made to determine how scheduling, academic progress, and financial aid status is affected. When a LOA is granted, the student must sign a form that will be put in the student's file. Without this completed form, students who discontinue classes beyond the constructive notice of withdrawal policy, explained later, are considered dropped. If a student does not return by the end of the leave, they are considered dropped and must follow the readmissions policy. Students on financial aid should be aware that if they do not return to class, they are retroactively dropped as of the last date of recorded attendance and the loan grace period retroactively begins on the retroactive drop date. Students with serious health problems may be granted an official Medical Leave. Medical leaves are limited to one year. Students on medical leave must be aware that they are considered withdrawn for financial aid purposes and the grace period for loan repayment will begin immediately. Loan recipients should complete a financial aid exit interview as part of the medical leave process. At the end of the medical leave period the student will be readmitted without reapplication. If a student does not return by the final date on the leave form, they are considered dropped and must follow the readmissions policy.

Institutional Security Policies and Crime Statistics

Institutional security procedures are available as part of the student handbook. Crime statistics for both Racine and Skokie are available. These materials, which will be distributed to all enrolled students, are available to prospective students on request.



Performance Standards

Grade Reports / Academic Progress

Students take midterm and final examinations each quarter. In order to complete the program in the minimum allowed time period of 30 months for Acupuncture or 36 months in the Acupuncture and Herbal Medicine program, a student must successfully pass all classes each quarter and complete the internship requirements. Each quarter's grades are posted within fourteen days of the end of the quarter.

The school maintains a cumulative academic record for all students, consisting of individual class grades, attendance, and internship hours. This is updated at the end of each quarter. These records are maintained permanently. In addition to each quarter's grades being posted, an academic report is emailed to students. An appointment with an administrator can be made to discuss any aspects of the record.

Examinations

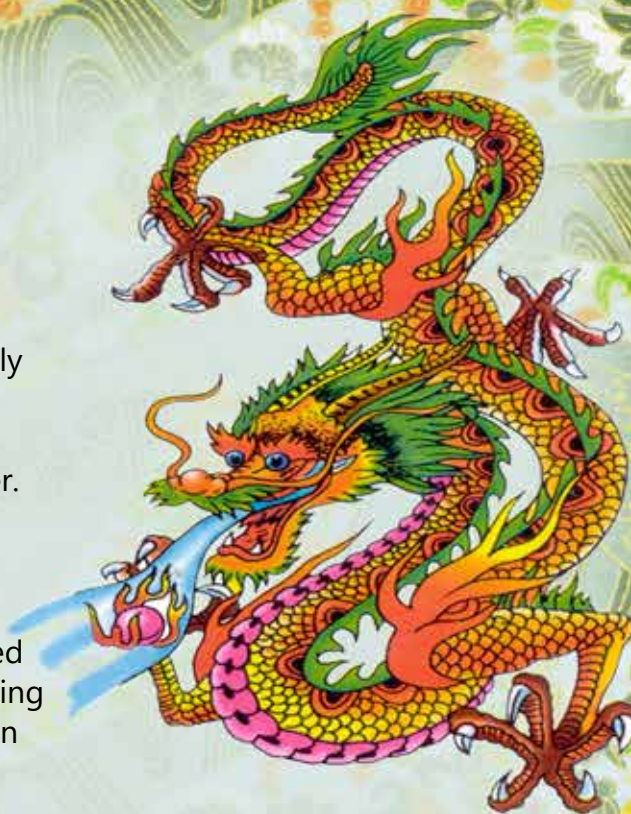
Midterm exams are given during the 6th week of class and final exams are given during the 12th week. Grading is on a point system, A=4, B=3, C=2, D=1, F=0. For written examinations A=100-90%, B=89-80%, C=79-70%, D=69-60%, F= 59% and lower. A passing grade of A, B or C must be obtained for each test. Practical examinations are given in courses with practicum components. Students are evaluated on their ability to perform techniques taught in class. For practical examinations "A" means outstanding ability to deliver techniques, "B" means above average ability, "C" means adequate ability, "D" means less than adequate, "F" means improper delivery of techniques.

Tutoring / Makeup Work

Private tutoring is available to all students. Appointments are arranged with the teacher or teaching assistant. An hourly fee applies. Required tutoring must be completed and assignments made in class must be submitted to gain credit. Otherwise, a grade of "I", incomplete, will be given. Required tutoring and assignments not submitted must be completed by the second week of the next quarter. While there is a maximum grade of 70% on a retake of failed examinations, there is no restriction on grades for make up work. If required tutoring or assignments are not completed by the second week of the next quarter, the incomplete becomes an "F" and the class must be repeated.

Audit Policy

Alumni and students who have already successfully completed a course are allowed to audit that course by paying a per course audit fee when classes are not at maximum enrollment limit. The audit policy gives graduates the opportunity to repeat a class where the content has changed in the years since their graduation. Audited classes are not for credit and do not apply to financial aid course load requirements.



Satisfactory Academic Progress

Students who miss or fail a midterm or final exam must pass a different version of the exam within two weeks of the date of the exam. If, at the end of the quarter, there are any missed or failed exams or assignments or the 80% attendance requirement (including makeup work) has not been successfully completed, the grade of "I", incomplete, will be assigned. If any elements remain uncompleted at the second week of the next quarter the incomplete "I" will become an "F" and the class must be repeated. The maximum grade for all unexcused makeup or retake exams, either midterms or finals, is 70%. There is no restriction on grades for excused makeup work. Students who fail to pass the class with a score of 70% or higher after the retake will receive a failing grade of "D" or "F" which will be included in the GPA. Students with a failing grade after the retake must repeat the course. Students may give notification of withdrawal from a class prior to the final examination to receive a "W". A "W" or "I" is not considered for credit, or in the grade point average, but is considered in the rate of completion calculation. Later withdrawals initially receive a grade of "I" which is not considered for credit or in the grade point average, but is considered in the rate of completion calculation. A grade of "I" that is not replaced by a passing grade in a timely manner will be converted to a grade of "F". Students must complete all graduation requirements in a maximum of 45 months in Acupuncture or 54 months in Acupuncture and Herbal Medicine from the initial date of program enrollment. A cumulative grade point average (GPA) of 2.5 must be maintained. If any student drops below the 2.5 they will need to get academic counseling. A cumulative GPA of less than 2.0 will result in a letter of dismissal, with the opportunity to petition to rescind the dismissal. The College does not have a probationary period for poor academic progress. Additionally, for students receiving federal financial aid, after one year of attendance and at the end of each additional year thereafter, a student who has not passed at least 2/3 of all class hours attempted in their program of study will lose federal financial aid eligibility. Since most students begin in the fall and attend in the summer, the 2/3 rate will be calculated after the summer quarter each year for all federal financial aid recipients. There is no probationary period for unsatisfactory grades or an unsatisfactory rate of completion (less than 2/3). Students dismissed or who lose federal financial aid eligibility for unsatisfactory academic progress may petition for reinstatement. The petition should indicate the cause of unsatisfactory academic progress. Individual cases will be reviewed by an academic committee who will make recommendations regarding reinstatement and for federal financial aid eligibility.

Attendance

An attendance record of 80% must be maintained in order to receive credit for all academic courses. Based upon a twelve-week quarter, this allows for two absences per quarter. Unavoidable absences of more than two sessions must be made up through makeup work in academic classes. Attendance is verified each class session and maintained on myattendancetracker.com. Students who arrive more than 10 minutes late are tardy and are given half of an absence. Two half absence's equal one whole absence. Missed attendance make-up work must be completed by the second week of the next quarter. If your attendance is not made up by the end of the 2nd week, you will receive an "F" and the course will have to be retaken. If a student misses more than two sessions in ALL the classes they are registered for during the quarter and does not make them up, they are eligible for dismissal from the program.



東來

歲在辛酉春月浙東
饒通筆

Student Policy

Drug and Alcohol Prevention and Awareness

The Midwest College certifies the availability of a drug abuse prevention program for officers, employees, and students of the institution. Pamphlets describing local counseling services are available upon request. Officers, employees, and students may not engage in the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance. Anyone violating this policy is subject to dismissal.

Conduct / Right Of Dismissal

Policies governing student conduct and activities are based on the premise that each student must be entitled to his or her right to devote school time to studies and learning without distraction. A student is subject to suspension (not to exceed two weeks) or dismissal for conduct which disrupts the teaching or administration of the school or which interferes with the rights of other school members. Failure to adhere to the terms of suspension may lead to dismissal.

Examples of conduct which would be considered unsatisfactory under these standards include disrespectful behavior, dishonesty, failure to comply with school regulations or internship policies or with the directions of school officials acting in performance of their duties, substantiated physical or verbal abuse, meeting the U.S. Department of Education definition of sexual harassment, by any person enrolled at the Midwest College, and theft of or damage to school property or to property in school buildings belonging to any school member. A student may not teach or practice Acupuncture or Acupuncture and Herbal Medicine prior to graduation and licensure. A student is not allowed to act as a sales agent for books or merchandise at school without prior permission. Students can request a hearing, by following the College's grievance policy, before any final action is taken.

In-person and Online Student Grievance Policy

If an enrolled student has a concern or complaint they must follow the grievance policy delineated in the Student Handbook. All meetings can be in-person or by Zoom at the students preference. The first course of action is a meeting with the Dean of Students. If this meeting does not resolve the problem, the student should request an arbitration meeting with an administrator to discuss and resolve the complaint. If the student feels that the response was insufficient, they may request a grievance committee hearing. The student's grievance will then be reviewed by a committee made up of an administrator, a faculty member and a student representative. A second right of appeal to the Board of Advisors can be scheduled after a grievance committee meeting. A final appeal can be made to the Accreditation Commission for Acupuncture and Herbal Medicine 500 Lake Street, Suite 204 Excelsior, MN 55331 Phone: (952) 212-2434 Fax: (301) 313-0912, info@acahm.org, <http://acahm.org>.

The State of Wisconsin Educational Approval Program
4822 Madison Yards Way Madison, WI 53705 Phone: (608) 266-2112, dsps@wisconsin.gov,
<http://dpm.wi.gov>.

and the State of Illinois Board of Higher Education.

1 North Old State Capitol Plaza, Suite 333 Springfield, ILL 62701 Phone: (217) 782-2551,
complaints@ibhe.org, www.ibhe.org.

Tuition and Fees

Students at the Midwest college pay \$1,350 per course. Having a course cost, instead of a per credit hour cost, helps students with their budgeting instead of having to calculate a varying number of credit hours per class, multiplied by the cost per credit, times the number of courses each quarter to determine each term's tuition cost. This makes it very easy to see each quarter's tuition. The mandatory fees for the program are quite low, with no additional internship charges. If a student has had prior learning in Western Biomedical courses from the health professions or TCM courses at another accredited college then overall tuition can be substantially less.

If you need to access federal student loans consider them an investment in your future. You should not be afraid to take out federal student loans, but you should be smart about it. For financial aid budgeting, nine month (3 quarter) budgets are usually utilized. 85% of the College's graduates for the past four years are confirmed to be practicing acupuncture, and the current default rate is "7%".

The interest rate on federal student loans is almost always lower than that on private loans, and much lower than that on a credit card! You don't have to begin repaying your federal student loans until after you leave college or drop below half-time.

Acupuncture Program (52 courses) Suspended

\$1,350.00 cost per course

\$22,950.00 academic tuition per academic year (three quarters+ 1 quarter @\$7,020.00

\$75,870.00 total academic tuition (ten quarters)

\$2,215.00 mandatory fees (see itemized list below)

\$78,085.00 total minimum program cost including mandatory fees

Acupuncture and Herbal Medicine Program (68 courses)

\$1,350.00 cost per course

\$22,950.00 academic tuition per academic year (three quarters)

\$91,800.00 total academic tuition (twelve quarters)

\$2,595.00 mandatory fees (see itemized list below)

\$94,395.00 total minimum program cost including mandatory fees

\$138,500.00 federal guaranteed loans available for those who qualify

Mandatory Fees (included as part of the minimum program cost)

\$65.00 application fee (waived if completed during a campus tour)

\$115.00 per qtr. technology fee (MCAHM provides free wireless Internet and paperless midterms and finals)

\$75.00 per qtr. malpractice insurance (the College covers each student for malpractice up to 1 million dollars)

\$250.00 graduation fee (does not include cap and gown)

Optional Fees and Charges

\$100.00 transfer credit evaluation (waived during 1st qtr.) \$6,300 foreign internship (estimated cost)

\$90.00 unexcused or retake exam fee \$50 per day per overdue book

\$50.00 audit fee per course \$100.00 late registration or class change

\$50.00 returned check, declined credit \$50.00 late submission

\$15.00 student I.D. \$25.00 missed exit interview

\$50.00 per hour tutoring, mandatory for failed exams \$150.00 per quarter graduate extension

\$75.00 proficiency exam fee/plus tuition \$50.00 submission extension after 2 weeks

\$20.00 academic transcript \$35.00 transcript expediting (within 3 days)

\$100.00 late payment \$70.00 transcript expediting (same day)

Tuition Schedule Tuition is due at the time of registration each quarter. Late registration closes at the end of the first day of classes of a new quarter. Individual payment plans with a maximum of three payments per quarter may be arranged, if the prior quarter's payment plans were paid in a timely manner. If by the first day of classes payments have not been made or a completed financial aid application has not been submitted, the \$100 late payment fee will be charged. Students waiting for financial aid approval must follow the tuition policy explained above. Students who do not make scheduled payments will not be allowed to take midterms or finals or given credit for a quarter not fully paid for, and will not be allowed to re-enroll in the next quarter until past due payments are paid. All money received is applied first to past due balances.

Books and Supplies The total cost of books for the Acupuncture Program is approximately \$1,200 and the cost of books for the AHM Program is approximately \$1,750. The cost of supplies in either program is approximately \$500. Per national averages, typical twelve month room and board costs are \$12,660 and transportation costs are \$3,912.

Library Fees Students who wish to borrow books for up to three weeks must have a current student I.D. card or internship badge. There is a daily overdue library fee. All books must be returned by the last day of the term for inventory and cataloging. If the book is not returned or is returned damaged, the borrower is responsible for 150% of the retail price of the book.

Student Malpractice Insurance Students enrolled at Midwest College until the date of graduation are covered under the Midwest College's institutional malpractice policy.

Financial Aid In order to be considered for financial aid, students must be accepted into either the Acupuncture or Acupuncture and Herbal Medicine program before financial aid may be processed. Unless a potential student has received the maximum loan limit for an academic level, borrowed the maximum aggregated loan limit, or defaulted on previous student loans, then all accepted enrolled students are eligible and may apply for federal loans, which are part of FA.

Subsidized and Unsubsidized Direct Loans are subject to annual limits and may be used to pay for costs of education in excess of Expected Family Contribution or EFC. Unsubsidized loans can be used to cover each student's Expected Family Contribution. Acupuncture students who have not received a four year post-secondary degree and have a low EFC may be eligible to receive a need-based Federal Pell Grant. The total amount a student is eligible for is determined by the U.S.D.O.E formula based on a student's income. The process of obtaining financial aid can be time consuming, therefore students must allow sufficient time for processing. To apply for Federal Student Aid, students must complete a Free Application for Federal Student Aid (FAFSA) each year they attend Midwest College of Acupuncture and Herbal Medicine. Student borrowers must also complete Entrance Counseling and a Master Promissory Note (MPN). Students waiting for financial aid approval must adhere to the tuition schedule policy detailed on page 36 of this student catalog. Students that have borrowed student loans while attending Midwest College and are not enrolled at least half time, withdraw, or graduate must complete an Exit Interview.

After financial aid has applied to tuition and fees that are assessed each quarter, students have the option to choose for excess credit balance from financial aid to be processed one of two ways: send the money back to the lender thereby reducing the Unsubsidized Loan money borrowed and decreasing interest charges, or students may elect to have a check for the balance sent to the student to be used for educational expenses. This check to the student would be issued within 14 business days after the date loans and/or grants are received, or within 14 calendar days of revocation.

Access and Storage of Records

MCAHM adheres to all FERPA regulations. The Admissions Director, Registrar, Financial Aid Director, and other staff maintain the privacy and access to all student records. Files are only accessed by administrative officers and staff during a student's education, as the need arises in their area of responsibility. The students' Pos-I-File (hard copy records) and electronic Class SIS software platform (on a secure network) are maintained and kept in the registrar's office which is in a sprinkler system environment with access only by authorized personnel. Essential records of student enrollment, examinations, financial aid, and other important documents are scanned and sent to a secure server which is backed up off site daily. Paper records are maintained for seven years. Electronic records have permanent retention.

Refund Policy

Prior To Commencement of Classes

All monies paid by the student, including the application fee, will be refunded in full if the student withdraws prior to the first day of classes. Additionally, if a student who was admitted late withdraws after the first day of classes, all monies paid will be refunded in full provided the student cancels within three business days (up to midnight of the third day excluding Saturdays, Sundays, and legal holidays) after the student received final written notice of acceptance or signs the enrollment agreement, whichever occurred last. All refunds will be made within ten business days of any notice of cancellation.

After Commencement of Classes

If a student withdraws prior to the eighth week of class, tuition charged is adjusted based upon the last date of attendance. A notification of withdrawal may be in any form the student wishes to use, whether in writing or orally. It may be delivered in any manner to the school's Racine office. Students who receive financial aid loans must have a financial aid exit interview. Constructive withdrawal is failing to attend classes for ten consecutive scheduled class days based on the student's scheduled days of classes, without providing an explanation to the school administration regarding absences prior to the tenth scheduled class day. The date of constructive withdrawal is the tenth scheduled class day of consecutive absence without explanation.

The last day of attendance is determined for students who withdraw or are dismissed prior to attending all their scheduled classes for the term. The applicable week shown in column A which contains the last day of attendance shall determine the reduction in tuition based on the percentage which is shown in column B. Refunds for students who have paid more than their charges, after any required adjustments, will be made within 14 calendar days of the date of notification of withdrawal, date of constructive withdrawal, or date of dismissal.

In conjunction with determining a reduction for the current term, all prepayment balances which the student asked the school to hold for future terms will also be disbursed to the appropriate party. Refunds on behalf of Federal financial aid recipients must be distributed in the following order: Unsubsidized Stafford, Plus loan, Pell Grant, any other source of aid, the student.

A	B
Week 1	90%
Week 2	80%
Week 3	70%
Week 4	60%
Week 5	50%
Week 6	50%
Week 7	40%
Week 8	0%

Veterans Fact Sheet 11-1-2021

ESTIMATED TOTAL COST OF THE COURSES

The Bachelors of Science in Nutrition component of the combined BS/MS has no tuition charge.

Acupuncture Program (52 courses) Suspended

\$1,350.00 cost per course

\$22,950.00 academic tuition per academic year (three quarters)+1 quarter @\$7,020.00

\$75,870.00 total academic tuition (ten quarters)

\$2,215.00 mandatory fees (see itemized list below)

\$78,085.00 total minimum program cost including mandatory fees

Acupuncture and Herbal Medicine Program (68 courses)

\$1,350.00 cost per course

\$22,950.00 academic tuition per academic year (three quarters)

\$91,800.00 total academic tuition (twelve quarters)

\$2,595.00 mandatory fees (see itemized list below)

\$94,395.00 total minimum program cost including mandatory fees

\$82,000.00 federal guaranteed loans available for those who qualify

Mandatory Fees (included as part of the minimum program cost)

\$65.00 application fee (waived if completed during a campus tour)

\$115.00 per qtr. technology fee (the College provides free wireless internet and paperless midterms and finals)

\$75.00 per qtr. malpractice insurance (the College covers each student for malpractice up to 1 million dollars)

\$250.00 graduation fee (does not include cap and gown)

OPTIONAL FEES AND CHARGES

Optional Fees and Charges

\$100.00 transfer credit evaluation (waived during 1st qtr.)	\$6,300 foreign internship (estimated cost)
\$90.00 unexcused or retake exam fee	\$0.50 per day per overdue book
\$50.00 audit fee per course	\$100.00 late registration or class change
\$50.00 returned check, declined credit	\$50.00 late submission
\$15.00 student I.D.	\$25.00 missed exit interview
\$50.00 per hour tutoring, mandatory for failed exams	\$150.00 per quarter graduate extension
\$75.00 proficiency exam fee/plus tuition	\$50.00 submission extension after 2 weeks
\$20.00 academic transcript	\$35.00 transcript expediting (within 3 days)
\$100.00 late payment	\$70.00 transcript expediting (same day)

ESTIMATED COST OF LIVING EXPENSES

Room and Board expense \$1318.00 per month

Transportation expense \$244.00

Personal expenses \$879.00 per month

ADDITIONAL COST ABOVE THAT ARE COVERED BY THE VA EDUCATIONAL BENEFITS

None

OTHER FINANCIAL WHICH A STUDENT MAY QUALIFY FOR

Subsidized and Unsubsidized Direct Student Loans

ESTIMATED STUDENT LOAN DEBT UPON GRADUATION

\$51,943.00

Veterans Affairs Pending Payment Compliance

Beginning August 1, 2019, and despite any policy to the contrary, the Midwest College of Acupuncture and Herbal Medicine will not take any of the four following actions toward any student using

U.S. Department of Veterans Affairs (VA) Post 9/11 G.I. Bill®, GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA), (Ch. 33)1 or Vocational Rehabilitation and Employment (Ch. 31) benefits, while their payment from the United States Department of Veterans Affairs is pending to the educational institution:

Prevent their enrollment;

Assess a late penalty fee to;

Require they secure alternative or additional funding;

Deny their access to any resources (access to classes, libraries, or other institutional facilities) available to other students who have satisfied their tuition and fee bills to the institution.

Graduation Requirements

The following requirements must be met prior to graduation:

Satisfactory completion of each required class with at least 80% attendance.

A grade point average of 2.0 or better.

All papers must be completed and approved.

All clinical obligations must be fulfilled.

All tuition and fees for the program must be paid in full.

All library books must be returned.

Successful completion of the clinic practical final examination.

Attendance at an exit interview.

Submission and acceptance of a completed Petition to Graduate.

Loan recipients must attend and document a financial aid exit interview.

30 months (Acupuncture) or 36 months (AHM) at an ACAHM or WHO recognized college.

Petition to Graduate

After completing all courses and internships, students must call the Racine Campus and request the online Petition to Graduate be started. Administrative staff and financial aid staff must certify that all requirements have been met. A student's graduation date is not automatically the last day of the final quarter, but is the date all academic requirements are completed.

Readmissions Policy

Students who withdraw from the program by giving notification of withdrawal, without an official leave of absence or who have constructively withdrawn, are considered dropped and must be readmitted to the program. If a student chooses to reapply, they must complete all requirements at the time of readmission, including curriculum, tuition, and school policies. Students dismissed for unsatisfactory grades or progress must petition for re-entry into the program. To reinstate financial aid, students must contact the Financial Aid Director.

Students in the tenth quarter of the Acupuncture program or the twelfth quarter of the Acupuncture and Herbal Medicine program who do not complete their graduation requirements including all academic and clinical work by the scheduled date of graduation must obtain a written extension of graduation requirements. They then have a maximum of 45 months in Acupuncture or 54 months in Acupuncture and Herbal Medicine from their initial date of program enrollment to complete all of their requirements. After this time, they must re-enroll under the latest catalog and are responsible for any changes in academic policies. Students who do not complete their graduation requirements by the scheduled date of graduation and who wish to receive an extension must register each quarter until their requirements are met. If a student is not registered for a class, but is completing work from a previous quarter, they still must register each quarter and pay a graduate extension registration fee.

Advisory Board

Frank Barca, Military veteran with special ranking as a communications specialist who served on the Assault Command for the 18th Air Born Corps. Public member.

Deirdre Burrell, B.S. , L.Ac., Dipl. Ac. NCCAOM, has a B.S. in Biology from Stillman College. She is past president of the Illinois State Acupuncture Association.

Craig P. Cone B.S., graduated in Business Administration at Southern Illinois Univ., Carbondale, IL. Public member.

William Hourigan, J.D., received his law degree from Loyola University. He has experience related to healthcare and legal issues surrounding the practice of Traditional Chinese Medicine. He is the Chairman of the Board of Advisors.

Chris Krajniak coordinates marketing and new business developments. During his term as Alderman in the City of Milwaukee he was appointed president of the Milwaukee Arts Board and vice-president of the Milwaukee Library Board.

Julie A. Mayrose, Ed.D., is an experienced higher education leader and assessment specialist with extensive expertise in institutional effectiveness, learning assessment, and academic administration. She has worked with both public and private colleges to design and implement comprehensive assessment systems, develop institutional reports and strategic plans, and support accreditation processes.

Jangyul Park, Ph.D., L.Ac., Dipl. Ac. NCCAOM, is a staff scientist at Argonne National Laboratory. He previously served on the Board of the ACAHM as a commissioner, and the Board of the Korean School of Illinois as a chairperson. Dr. Park graduated from Cornell University with a Ph.D. in materials science.

Governing Body

The corporate governing body of the Midwest College of Acupuncture and Herbal Medicine is Acupuncture Center Incorporated.





Administration

President

William Dunbar

Curriculum Director

Jennifer Uretz

Racine Campus Director

Deirdre Pittman-Dunbar

Skokie Campus Director

Daryll Daley

Accountant / Manager of Student

Financial Aid

Doug Pittman

Admissions Director

Stephanie Pittman

Registrar

Amy Benish

Clinic Director Racine

Damon Thomas

Clinic Director Skokie

Daryll Daley

Dean of Students

Olga Gajdosik

Title IX, ADA Coordinator

William Dunbar

Librarian, Racine

John Ballarini

Librarian, Skokie

Michelle Kopteros

Information Systems

Bill Lehmann





Library and Information Resources

The mission of the Midwest College's library is to identify and provide information and library resources needed by members of our College community in their study, research, public service, and professional development; to instruct and assist in the use of library resources; to share in the development and implementation of our College's educational programs; and to support the mission of the Midwest College.

Student Services

In addition to helping relocate out-of-state students, the College offers tutoring, library services, and academic counseling. Midwest College is sensitive to the educational needs of adult students, and administrators are available to discuss specific needs as they arise.

Graduate Services

Tool Kits:

- Starter website – generic template web designer contact.
- Starter pamphlet – free and will assist in customizing template (appointment required)
- Social media coaching – on all the major social media outlets.
- Free consultation and review of business plan (appointment required)
- Free downloadable PowerPoint acupuncture presentations

Alumni Contact Information and Networking

- Web list at midwestcollegealumni.com - list your new practice with us and it will be listed in our alumni section on the website (under construction). Stay in contact with fellow students after graduation- network! Alumni Newsletter – featuring graduates and their practices, relevant articles and links, upcoming CEU trainings, job opportunities, etc.
- AddAnAcupuncturist.com (under construction) – a search site to educate the general public about the services an acupuncturist provides and a search to find available MCAHM graduates in the area.
- Links to places where you should list yourself to be found
- Links to organizations that you may want to consider

Employment Advisory Service

The Midwest College does not provide a placement service. It provides instruction in the preparation of a resume and development of a business plan as part of practice management class. Listings of positions and practices for sale are posted on Facebook. Students are also referred to the various websites for career prospectives, potential salaries, and employment opportunities. Not all student referrals are based on direct contact with employers. The Midwest College can not guarantee employment nor income amounts.



Acupuncture Program for credits, hours and prerequisites see course description

Qtr 1 Fall

A300
Fundamentals
of Chinese
Medicine

A312
Accessory
Techniques

A304
Clinical Foundations
& Philosophy

B330
Anatomy 1

I340
Internship

Qtr 2 Winter

A301
Chinese
Medical
Pathology 1

A310
Point
Location 1

A320
Chinese
Massage 1

B331
Anatomy 2

I341
Internship

Qtr3 Spring

A302
Chinese
Medical
Pathology 2

A311
Point
Location 2

A321
Chinese
Massage 2

B332
Neuroanatomy

I342
Internship

Qtr 4 Summer

A400
Chinese
Differential
Diagnosis

A410
Needle
Technique 1

B430
Orthopedic
Assessment

B431
Biological
Chemistry

I440
Internship

Qtr 5 Fall

A401
Eight Principle
Treatment
Strategy

A411
Needle
Technique 2

B432
Physiology

D450
Chinese
Medical History

I441
Internship

Qtr 6 Winter

A402
Clinic
Review

A412
Needle
Technique 3

B433
Laboratory
Interpretation

D451
Ethics and
Counseling

I442
Internship

Qtr 7 Spring

A500
Treatment
Strategy 1

B530
Physical
Examination

B531
Pathology 1

D550
Major Paper
Proposal

I540
Internship

Qtr 8 Summer

A501
Treatment
Strategy 2

B532
Pathology 2

B533
Pharmacology

D551
Major Paper
Work

I541
Internship

Qtr 9 Fall

A502
Treatment
Strategy 3

P500
Practice
Management 1

B631
Western Nutrition

A603
Evidence-based
Practice

D650A
Major Paper
Completion

I542
Internship

I543
Internship

Qtr 10 Winter

A600
Clinical
Correlations

B534
Clinical
Medicine

P501
Practice
Management 2

I640A
Internship

I641A
Internship

Acupuncture Program for credits, hours and prerequisites see course description

Qtr 1 Fall

A300
Fundamentals
of Chinese
Medicine

A312
Accessory
Techniques

A304
Clinical Foundations
& Philosophy

B330
Anatomy 1

I340
Internship

Qtr 2 Winter

A301
Chinese
Medical
Pathology 1

A310
Point
Location 1

A320
Chinese
Massage 1

B331
Anatomy 2

I341
Internship

Qtr3 Spring

A302
Chinese
Medical
Pathology 2

A311
Point
Location 2

A321
Chinese
Massage 2

B332
Neuroanatomy

I342
Internship

Qtr 4 Summer

A400
Chinese
Differential
Diagnosis

A410
Needle
Technique 1

B430
Orthopedic
Assessment

B431
Biological
Chemistry

I440
Internship

Qtr 5 Fall

A401
Eight Principle
Treatment
Strategy

A411
Needle
Technique 2

B432
Physiology

I441
Internship

Qtr 6 Winter

A402
Clinic
Review

A412
Needle
Technique 3

I442
Internship

Qtr 7 Spring

A500
Treatment
Strategy 1

B530
Physical
Examination

I540
Internship

Qtr 8 Summer

A501
Treatment
Strategy 2

B533
Pharmacology

I541
Internship

Qtr 9 Fall

A502
Treatment
Strategy 3

P500
Practice
Management 1

I542
Internship

Qtr 10 Winter

B433
Laboratory
Interpretation

P501
Practice
Management 2

D450
Chinese
Medical History

I543
Internship

Qtr 11 Spring

B531
Pathology 1

D550
Major Paper
Proposal

I640A
Internship

Qtr 12 Summer

B532
Pathology 2

A603
Evidence-based
Practice

D551
Major Paper
Work

I641A
Internship

Qtr 13 Fall

B631
Western Nutrition

D451
Ethics and
Counseling

D650A
Major Paper
Completion

Qtr 14 Winter

A600
Clinical
Correlations

B534
Clinical
Medicine

Acupuncture and Herbal Medicine Program

for credits, hours and prerequisites see course description

Qtr 1 Fall	Qtr 2 Winter	Qtr3 Spring	Qtr 4 Summer	Qtr 5 Fall	Qtr 6 Winter
A300 Fundamentals of Chinese Medicine	A301 Chinese Medical Pathology 1	A302 Chinese Medical Pathology 2	A400 Chinese Differential Diagnosis	A401 Eight Principle Treatment Strategy	A402 Clinic Review
A312 Accessory Techniques	A310 Point Location 1	A311 Point Location 2	A410 Needle Technique 1	A411 Needle Technique 2	A412 Needle Technique 3
A304 Clinical Foundations & Philosophy	A320 Chinese Massage 1	A321 Chinese Massage 2	B430 Orthopedic Assessment	B432 Physiology	B433 Laboratory Interpretation
B330 Anatomy 1	B331 Anatomy 2	B332 Neuroanatomy	B431 Biological Chemistry	D450 Chinese Medical History	D451 Ethics and Counseling
I340 Internship	I341 Internship	I342 Internship	I440 Internship	I441 Internship	I442 Internship
				H460 Herbs and Formulas 1	H461 Herbs and Formulas 2
Qtr 7 Spring	Qtr 8 Summer	Qtr 9 Fall	Qtr 10 Winter	Qtr11 Spring	Qtr12 Summer
A500 Treatment Strategy 1	A501 Treatment Strategy 2	A502 Treatment Strategy 3	A600 Clinical Correlations	H662 Chinese Herb Classics	H664 Herbal Clinic Review
B530 Physical Examination	B532 Pathology 2	P500 Practice Management 1	B534 Clinical Medicine	H661 TCM Nutrition	A603 Evidence-based Practice
B531 Pathology 1	B533 Pharmacology	B631 Western Nutrition	P501 Practice Management 2		
D550 Major Paper Proposal	D650 Major Paper Work	D651 Major Paper Completion			
I540 Internship	I541 Internship	I543 Internship	I640 Internship	I642 Internship	I644 Internship
	I542 Internship	I544 Internship	I641 Internship	I643 Internship	I645 Internship
H560 Herbs and Formulas 3	H561 Herbs and Formulas 4	H562 Herbs and Formulas 5	H660 Herbs and Formulas 6	H663 Internal Medicine 1	H665 Internal Medicine 2

Acupuncture and Herbal Medicine Program

for credits, hours and prerequisites see course description

Qtr 1 Fall	Qtr 2 Winter	Qtr3 Spring	Qtr 4 Summer	Qtr 5 Fall	Qtr 6 Winter
A300 Fundamentals of Chinese Medicine	A301 Chinese Medical Pathology 1	A302 Chinese Medical Pathology 2	A400 Chinese Differential Diagnosis	A401 Eight Principle Treatment Strategy	A402 Clinic Review
A312 Accessory Techniques	A310 Point Location 1	A311 Point Location 2	A410 Needle Technique 1	A411 Needle Technique 2	A412 Needle Technique 3
A304 Clinical Foundations & Philosophy	A320 Chinese Massage 1	A321 Chinese Massage 2	B430 Orthopedic Assessment	B432 Physiology	B433 Laboratory Interpretation
B330 Anatomy 1	B331 Anatomy 2	B332 Neuroanatomy	B431 Biological Chemistry		
I340 Internship	I341 Internship	I342 Internship	I440 Internship	I441 Internship	I442 Internship
Qtr 7 Spring	Qtr 8 Summer	Qtr 9 Fall	Qtr 10 Winter	Qtr11 Spring	Qtr12 Summer
A500 Treatment Strategy 1	A501 Treatment Strategy 2	A502 Treatment Strategy 3	P501 Practice Management 2	H661 TCM Nutrition	A603 Evidence-based Practice
B530 Physical Examination	B532 Pathology 2	P500 Practice Management 1	D450 Chinese Medical History	D451 Ethics and Counseling	D550 Major Paper Proposal
B531 Pathology 1	B533 Pharmacology				
		H460 Herbs and Formulas 1	H461 Herbs and Formulas 2	H560 Herbs and Formulas 3	H561 Herbs and Formulas 4
I540 Internship	I541 Internship	I542 Internship	I543 Internship	I544 Internship	I640 Internship
Qtr 13 Fall	Qtr 14 Winter	Qtr 15 Spring	Qtr 16 Summer		
B631 Western Nutrition	A600 Clinical Correlations	H662 Chinese Herb Classics	H664 Herbal Clinic Review		
	B534 Clinical Medicine				
D650 Major Paper Work		D651 Major Paper Completion			
H562 Herbs and Formulas 5	H660 Herbs and Formulas 6	H663 Internal Medicine 1	H665 Internal Medicine 2		
I641 Internship	I642 Internship	I643 Internship	I644 Internship		
			I645 Internship		

Why Choose The Midwest College?

- ❖ Appreciation of Chinese culture
- ❖ Keeping true to classic Chinese medicine
- ❖ Experienced didactic and clinical faculty
- ❖ Diverse student body
- ❖ Sense of community
- ❖ Modern educational methodology
- ❖ Rigorous and engaging curriculum
- ❖ Phenomenal clinical experience

Steps in the Admissions Process

- ❖ Read the catalog
- ❖ Visit the College website
- ❖ Look at the curriculum
- ❖ Look at clinic competencies
- ❖ Look at the schedule
- ❖ Call with questions
- ❖ Sit in on a Saturday class
- ❖ Talk to students
- ❖ Visit the clinic during the week
- ❖ Talk to interns
- ❖ Submit the application form
- ❖ Have transcripts sent
- ❖ Financial aid applicants must return the packet
- ❖ Call for interviews
- ❖ Become part of our community

Call 800.593.2320 to speak to:

Stephanie Pittman.....Admissions Director

Amy Benish.....Registrar

Doug Pittman.....Financial Aid Director



State Licensing By Program



Master of Science in Acupuncture and Herbal Medicine Program

Alaska	Montana
Arizona	Nebraska
Arkansas	Nevada
Colorado	New Jersey
Connecticut	New Mexico
Delaware	New York
Florida	North Carolina
Georgia	North Dakota
Hawaii	Ohio
Idaho	Oregon
Illinois	Pennsylvania
Indiana	Rhode Island
Iowa	South Carolina
Kansas	Tennessee
Kentucky	Texas
Louisiana	Utah
Maine	Vermont
Maryland	Virginia
Massachusetts	Washington
Michigan	Washington DC
Minnesota	West Virginia
Mississippi	Wisconsin
Missouri	Wyoming

Master Level Acupuncture Certification Program

Alaska	Nebraska
Arizona	New Hampshire
Colorado	New York
Connecticut	North Carolina
Georgia	North Dakota
Hawaii	Oregon
Idaho	Pennsylvania (OM required to practice herbs)
Illinois	Rhode Island
Indiana	South Carolina
Iowa	Tennessee
Kentucky	Utah
Louisiana	Vermont (OM required to practice herbs)
Maine	Virginia
Maryland	Washington
Michigan	West Virginia
Minnesota	Wisconsin
Missouri	Wyoming
Montana	

States Not Able to Practice Acupuncture

Alabama, no license, MD or Chiropractor only
 California, graduation from California school
 Oklahoma, no license, MD or Chiropractor only
 South Dakota, no license, MD or Chiropractor only

Midwest College of Acupuncture and Herbal Medicine

Academic Calendar

2026

Winter 2026

Quarter begins January 3rd
Quarter ends March 27th

Summer 2026

Quarter begins June 27th
Quarter ends September 25th
No class July 4th
No class Sept 6th—Sept 11th

Spring 2026

Quarter begins March 28th
Quarter ends June 26th
No class May 23rd—May 29th

Fall 2026

Quarter begins September 26th
Quarter ends December 18th
No class Thanksgiving Day

Winter Break

December 19th—January 1st

2027

Winter 2027

Quarter begins January 2nd
Quarter ends March 26th

Summer 2027

Quarter begins June 26th
Quarter ends September 24th
No class Sept 4th—Sept 10th

Spring 2027

Quarter begins March 27th
Quarter ends June 25th
No class May 29th—June 4th

Fall 2027

Quarter begins September 25th
Quarter ends December 17th
No class Thanksgiving Day

Winter Break

December 18th—January 7th

2028

Winter 2028

Quarter begins January 8th
Quarter ends March 31st

Summer 2028

Quarter begins July 1st
Quarter ends September 29th
No class July 4th
No class Sept 2nd—Sept 8th

Spring 2028

Quarter begins April 1st
Quarter ends June 30th
No class May 27th—June 2nd

Fall 2028

Quarter begins September 30th
Quarter ends December 22nd
No class Thanksgiving Day

Winter Break

December 23rd—January 5th



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